

VITAL PRO NATURALS



LEADING THE WAY IN NATURAL DIGESTIVE CARE

Our mission at VITAL PRO Naturals is to help people achieve optimal digestive health in order to achieve better overall health. Our team of natural digestive care experts has helped millions address their occasional gut issues for the last 25 years.



Brenda Watson, CNC
Founder of VITAL PRO Naturals
Digestive Care Expert

The founder of VITAL PRO Naturals, Brenda Watson CNC, is a pioneer in natural digestive care, and the inspiration behind all our formulations. Brenda has spent her career carefully listening to issues related to the gut and addressing them through innovative product solutions and education.

Call or visit for more information: (888) 449-0368 | vitalpronaturals.com

Probiotics + Prebiotics



Our professional line of high potency, high strain diversity daily probiotics contain billions of live cultures and multiple probiotic strains to more closely mirror the natural diversity in the human gut.* Each formula also contains an organic plant-based prebiotic blend to help feed the diversity of good bacteria in the gut.*



VITAL PRO
NATURALS

Specialized Digestive Care



Our professional line of innovative product solutions offer reliable support for occasional digestive problems.* Each product is carefully formulated by Brenda Watson, CNC using time-honored natural ingredients with a special emphasis on potency, purity, diversity, and efficacy.*

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Probiotics + Prebiotics

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VITAL PRO
NATURALS

Advanced Biome Probiotic + Prebiotics



Features

- 100 Billion live cultures
- 100 Diverse Strains
- Once daily formula
- No refrigeration required
- Delayed release vegetarian capsules
- Potency guaranteed until expiration

Benefits

- Formulated for more critical needs*
- Balanced ratio of Bifido & Lacto bacterial strains
- Digestive & Immune support*

Supplement Facts	
Serving Size 1 Capsule	Amount Per Serving %DV
Servings Per Container 30	
Advanced Biome Proprietary Probiotic Blend	400 mg ***
Total Probiotic Cultures	100 Billion CFU†
Total Lacto Probiotic Cultures	50 Billion CFU†
<i>Lactobacillus plantarum</i> (VP-5, VP-76, VP-82, VP-86, VP-77, VP-96, VP-28, VP-30, VP-31)	
<i>Lactobacillus paracasei</i> (VP-2, VP-37, VP-43, VP-100, VP-31, VP-29)	
<i>Lactobacillus rhamnosus</i> (VP-4, VP-24, VP-25, VP-26, VP-27)	
<i>Lactobacillus casei</i> (VP-1, VP-67, VP-69, VP-71, VP-103, VP-8, VP-30)	
<i>Lactobacillus thermophilus</i> (VP-101, VP-102, VP-103, VP-99, VP-80)	
<i>Lactobacillus brevis</i> (VP-8, VP-10, VP-102, VP-83)	
<i>Lactobacillus salivarius</i> (VP-4, VP-16, VP-104, VP-35, VP-109)	
<i>Lactobacillus fermentum</i> (VP-48, VP-74, VP-64, VP-106)	
<i>Lactobacillus gasseri</i> (VP-20, VP-33, VP-73, VP-23, VP-107)	
<i>Lactobacillus helveticus</i> (VP-105, VP-44, VP-107)	
<i>Lactobacillus delbrueckii</i> (VP-10, VP-31)	
<i>Lactobacillus acidophilus</i> (VP-60)	
<i>Lactobacillus plantarum</i> (VP-50)	
<i>Lactobacillus casei</i> (VP-11)	
Total Bifido Probiotic Cultures	50 Billion CFU†
<i>Bifidobacterium lactis</i> (VP-64, B-420, B-427, B-429, VP-94, VP-86, VP-114, VP-119, VP-61)	
<i>Bifidobacterium bifidum</i> (VP-8, VP-24, VP-113, VP-117, VP-89)	
<i>Bifidobacterium breve</i> (VP-7, VP-20, VP-116, VP-90)	
<i>Bifidobacterium longum</i> (VP-6, VP-47, VP-114, VP-115, VP-89, VP-92)	
<i>Bifidobacterium infantis</i> (VP-49, VP-107, VP-117, VP-118)	
<i>Bifidobacterium animalis</i> (VP-6)	
Organic Prebiotic and Fiber Blend	150 mg ***
Organic Potato resistant starch, Organic Acacia Fiber, Organic Apple Fiber, Organic Blue Algae, Organic Guar Gum, Organic Jerusalem Artichoke root, Chicory root, Organic Pre Fiber, Organic Cranberry, Organic Cassia root	
***Daily Value (DV) not established.	

Contains NO: GMOs, yeast, wheat, gluten, tree nuts, salt, shellfish, sugar, animal products, binders, fillers or artificial ingredients.

30 count
UPC 8 50029 17303 8
Item #19503

Ultra Daily Probiotic + Prebiotics



Features

- 60 Billion live cultures
- 60 Diverse Strains
- Once daily formula
- No refrigeration required
- Delayed release vegetarian capsules
- Potency guaranteed until expiration

Benefits

- Daily formula for women & men
- Balanced ratio of Bifido & Lacto bacterial strains
- Digestive & Immune support*

Supplement Facts	
Serving Size 1 Capsule	Amount Per Serving %DV
Servings Per Container 30	
Ultra Daily Proprietary Probiotic Blend	204 mg ***
Total Probiotic Cultures	60 Billion CFU†
Total Lacto Probiotic Cultures	30 Billion CFU†
<i>Lactobacillus plantarum</i> (VP-5, VP-86, VP-89, VP-47, VP-30)	
<i>Lactobacillus rhamnosus</i> (VP-4, VP-6, VP-24, VP-101, VP-34, VP-11)	
<i>Lactobacillus acidophilus</i> (VP-4, VP-24, VP-25, VP-26, VP-27)	
<i>Lactobacillus casei</i> (VP-1, VP-103, VP-9, VP-16)	
<i>Lactobacillus paracasei</i> (VP-27, VP-100, VP-37)	
<i>Lactobacillus salivarius</i> (VP-4, VP-104, VP-35)	
<i>Lactobacillus brevis</i> (VP-8, VP-102)	
<i>Lactobacillus delbrueckii</i> (VP-10, VP-31)	
<i>Lactobacillus reuteri</i> (VP-2, VP-116)	
<i>Lactobacillus fermentum</i> (VP-48, VP-74, VP-107)	
<i>Lactobacillus gasseri</i> (VP-20, VP-40, VP-107)	
<i>Lactobacillus helveticus</i> (VP-105, VP-44)	
<i>Lactobacillus delbrueckii</i> (VP-10, VP-31)	
Total Bifido Probiotic Cultures	30 Billion CFU†
<i>Bifidobacterium lactis</i> (VP-64, B-420, B-427, B-429, VP-114, VP-119, VP-111)	
<i>Bifidobacterium bifidum</i> (VP-8, VP-112, VP-113)	
<i>Bifidobacterium breve</i> (VP-7, VP-116)	
<i>Bifidobacterium longum</i> (VP-6, VP-114, VP-115)	
<i>Bifidobacterium infantis</i> (VP-6, VP-117, VP-118)	
Organic Prebiotic and Fiber Blend	250 mg ***
Organic Potato resistant starch, Organic Acacia Fiber, Organic Apple Fiber, Organic Blue Algae, Organic Guar Gum, Organic Jerusalem Artichoke root, Chicory root	
***Daily Value (DV) not established.	

Contains NO: GMOs, yeast, wheat, gluten, soy, dairy, tree nuts, salt, shellfish, sugar, animal products, binders, fillers or artificial ingredients.

30 count
UPC 8 50029 17309 0
Item #19509

Women's Daily Probiotic + Prebiotics



Features

- 60 Billion live cultures
- 60 Diverse Strains
- Once daily formula
- No refrigeration required
- Delayed release vegetarian capsules
- Potency guaranteed until expiration

Benefits

- Formulated by a woman for a woman
- Specific ratio of Bifido & Lacto bacterial strains
- More Lacto for a woman's special needs*
- Digestive, Vaginal & Immune support*

Supplement Facts	
Serving Size 1 Capsule	Amount Per Serving %DV
Servings Per Container 30	
Women's Daily Proprietary Probiotic Blend	232 mg ***
Total Probiotic Cultures	60 Billion CFU†
Total Lacto Probiotic Cultures	50 Billion CFU†
<i>Lactobacillus plantarum</i> (VP-5, VP-86, VP-89, VP-47, VP-30)	
<i>Lactobacillus rhamnosus</i> (VP-4, VP-6, VP-24, VP-101, VP-34, VP-11)	
<i>Lactobacillus acidophilus</i> (VP-4, VP-24, VP-25, VP-26, VP-27)	
<i>Lactobacillus casei</i> (VP-1, VP-103, VP-9, VP-16)	
<i>Lactobacillus paracasei</i> (VP-27, VP-100, VP-37)	
<i>Lactobacillus salivarius</i> (VP-4, VP-104, VP-35)	
<i>Lactobacillus brevis</i> (VP-8, VP-102)	
<i>Lactobacillus delbrueckii</i> (VP-10, VP-31)	
<i>Lactobacillus reuteri</i> (VP-2, VP-116)	
<i>Lactobacillus fermentum</i> (VP-48, VP-74, VP-107)	
<i>Lactobacillus gasseri</i> (VP-20, VP-40, VP-107)	
<i>Lactobacillus helveticus</i> (VP-105, VP-44)	
<i>Lactobacillus delbrueckii</i> (VP-10, VP-31)	
Total Bifido Probiotic Cultures	5 Billion CFU†
<i>Bifidobacterium lactis</i> (VP-64, B-420, B-427, B-429, VP-114, VP-119, VP-111)	
<i>Bifidobacterium bifidum</i> (VP-8, VP-112, VP-113)	
<i>Bifidobacterium breve</i> (VP-7, VP-116)	
<i>Bifidobacterium longum</i> (VP-6, VP-114, VP-115)	
<i>Bifidobacterium infantis</i> (VP-6, VP-117, VP-118)	
Organic Prebiotic and Fiber Blend	250 mg ***
Organic Potato resistant starch, Organic Acacia Fiber, Organic Apple Fiber, Organic Blue Algae, Organic Guar Gum, Organic Jerusalem Artichoke root, Chicory root	
***Daily Value (DV) not established.	

Contains NO: GMOs, yeast, wheat, gluten, soy, dairy, tree nuts, salt, shellfish, sugar, animal products, binders, fillers or artificial ingredients.

30 count
UPC 8 50029 17301 4
Item #19501

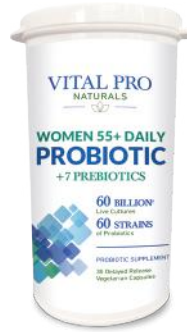
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Probiotics + Prebiotics

Call or visit for more information:
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Women 55+ Daily Probiotic + Prebiotics



Features

- 60 Billion live cultures
- 60 Diverse Strains
- Once daily formula
- No refrigeration required
- Delayed release vegetarian capsules
- Potency guaranteed until expiration

Benefits

- Formulated specially for mature women*
- Specific ratio of Bifido & Lacto bacterial strains
- More Lacto for a woman's special needs*
- Digestive, Vaginal & Immune support*

Supplement Facts	
Serving Size 1 Capsule	Amount Per Serving
Servings Per Container 30	
Women 55+ Daily Proprietary Blend	222 mg ***
Total Probiotic Cultures	60 Billion CFU*
Total Lacto Probiotic Cultures	
Lactobacillus plantarum (PPL-3, VP-88, VP-89, VP-47, VP-36)	45 Billion CFU
Lactobacillus rhamnosus (GR-1, VP-8, VP-207, VP-120, VP-30, VP-11)	15 Billion CFU
Lactobacillus acidophilus (PPL-4, VP-24, VP-26, VP-28, VP-35, VP-97)	15 Billion CFU
Lactobacillus casei (PPL-1, VP-103, VP-9, VP-10)	15 Billion CFU
Lactobacillus paracasei (PPL-5, VP-100, VP-53)	15 Billion CFU
Lactobacillus salivarius (PPL-4, VP-104, VP-18)	15 Billion CFU
Lactobacillus brevis (PPL-5, VP-102)	15 Billion CFU
Lactobacillus bulgaricus (PPL-7, VP-23, VP-109)	15 Billion CFU
Lactobacillus reuteri (PPL-1, VP-24, VP-100)	15 Billion CFU
Lactobacillus gasseri (PPL-2, VP-45, VP-107)	15 Billion CFU
Lactobacillus fermentum (PPL-45, VP-106)	15 Billion CFU
Lactobacillus helveticus (PPL-105, VP-144)	15 Billion CFU
Lactobacillus delibronicus (PPL-10, VP-37)	15 Billion CFU
Total Bifido Probiotic Cultures	
Bifidobacterium lactis (PPL-4, VP-47, B-420, B-420, B-420, VP-110, VP-111)	15 Billion CFU
Bifidobacterium bifidum (PPL-6, VP-112, VP-113)	15 Billion CFU
Bifidobacterium breve (PPL-7, VP-116)	15 Billion CFU
Bifidobacterium longum (PPL-5, VP-114, VP-115)	15 Billion CFU
Bifidobacterium infantis (PPL-8, VP-117, VP-118)	15 Billion CFU
Organic Probiotic and Fiber Blend	
Organic Potato (resistant starch), Organic Acacia Fiber, Organic Apple Fiber, Organic Blue Agave, Organic Guar Gum, Organic Jerusalem Artichoke (root), Chlorella (root)	250 mg ***

Contains NO: GMOs, yeast, wheat, gluten, soy, dairy, tree nuts, salt, shellfish, sugar, animal products, binders, fillers or artificial ingredients.

30 count
UPC 8 50029 17302 1
Item #19502

Men's Daily Probiotic + Prebiotics



Features

- 60 Billion live cultures
- 60 Diverse Strains
- Once daily formula
- No refrigeration required
- Delayed release vegetarian capsules
- Potency guaranteed until expiration

Benefits

- Formulated specially for a man's special needs*
- Specific ratio of Bifido & Lacto bacterial strains
- Digestive & Immune support*

Supplement Facts	
Serving Size 1 Capsule	Amount Per Serving
Servings Per Container 30	
Men's Daily Probiotic Blend	190 mg ***
Total Probiotic Cultures	60 Billion CFU*
Total Lacto Probiotic Cultures	
Lactobacillus plantarum (PPL-3, VP-88, VP-89, VP-47, VP-36)	45 Billion CFU
Lactobacillus rhamnosus (GR-1, VP-8, VP-207, VP-120, VP-30, VP-11)	15 Billion CFU
Lactobacillus acidophilus (PPL-4, VP-24, VP-26, VP-28, VP-35, VP-97)	15 Billion CFU
Lactobacillus casei (PPL-1, VP-103, VP-9, VP-10)	15 Billion CFU
Lactobacillus paracasei (PPL-5, VP-100, VP-53)	15 Billion CFU
Lactobacillus salivarius (PPL-4, VP-104, VP-18)	15 Billion CFU
Lactobacillus brevis (PPL-5, VP-102)	15 Billion CFU
Lactobacillus bulgaricus (PPL-7, VP-23, VP-109)	15 Billion CFU
Lactobacillus reuteri (PPL-1, VP-24, VP-100)	15 Billion CFU
Lactobacillus gasseri (PPL-2, VP-45, VP-107)	15 Billion CFU
Lactobacillus fermentum (PPL-45, VP-106)	15 Billion CFU
Lactobacillus helveticus (PPL-105, VP-144)	15 Billion CFU
Lactobacillus delibronicus (PPL-10, VP-37)	15 Billion CFU
Total Bifido Probiotic Cultures	
Bifidobacterium lactis (PPL-4, VP-47, B-420, B-420, B-420, VP-110, VP-111)	15 Billion CFU
Bifidobacterium bifidum (PPL-6, VP-112, VP-113)	15 Billion CFU
Bifidobacterium breve (PPL-7, VP-116)	15 Billion CFU
Bifidobacterium longum (PPL-5, VP-114, VP-115)	15 Billion CFU
Bifidobacterium infantis (PPL-8, VP-117, VP-118)	15 Billion CFU
Organic Probiotic and Fiber Blend	
Organic Potato (resistant starch), Organic Acacia Fiber, Organic Apple Fiber, Organic Blue Agave, Organic Guar Gum, Organic Jerusalem Artichoke (root), Chlorella (root)	250 mg ***

Contains NO: GMOs, yeast, wheat, gluten, soy, dairy, tree nuts, salt, shellfish, sugar, animal products, binders, fillers or artificial ingredients.

30 count
UPC 8 50029 17300 7
Item #19500

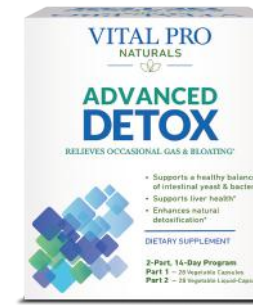


Specialized Digestive Care

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Advanced Detox - Relieves Occasional Gas & Bloating*



Features

- Advanced 14-day, 2-part system
- Contains unique combinations of herbs, concentrated essential oils, nutraceuticals, and other natural ingredients

Benefits

- Supports a healthy balance of intestinal yeast & bacteria*
- Supports Liver Health*
- Enhances Natural Detoxification*

Supplement Facts	
Serving Size 1 Capsule	Amount Per Serving
Servings Per Container 28	
Vitamin C (as ascorbic acid and ascorbyl palmitate)	150 mg 167%
Choline (from Choline Bitartrate)	15 mg 3%
Selenium (as L-selenomethionine)	100 mcg 182%
Amino Acid Complex	
N-Acetyl Cysteine (vegan), L-Taurine, L-Sulcolcaine, Glycine, L-Methionine	300 mg **
Herbal Support Complex	
Milk Thistle seed extract (80% silymarin), Quercetin (from quercetin dihydrate), Green Tea extract, Artichoke leaf 4:1 extract, Dandelion leaf 4:1	235 mg **
Alpha Lipoic Acid	50 mg **

Supplement Facts	
Serving Size 1 Liquid-Capsule	Amount Per Serving
Servings Per Container 28	
Organic Oregano oil, Thyme oil, Clove leaf oil, Black Cumin seed oil, Cinnamon leaf oil	220 mg **

2-Part Kit
14-Day System
UPC 8 50029 17307 6
Item #19507

CONTAINS NO: GMOs, yeast, wheat, gluten, psyllium, soy, dairy, tree nuts, salt, sugar, animal products, binders, fillers or artificial ingredients

Advanced Gut Renew - Intestinal Lining Support Formula*



Features

- Proprietary formula with L-Glutamine & N-Acetyl D-Glucosamine
- + Organic Aloe Vera, DGL & Organic Ginger Root extract
- + Other time-honored ingredients
- Unflavored powdered formula mixes easily in water

Benefits

- Helps soothe the digestive tract*
- Supports healthy gut lining integrity*
- Helps body build & strengthen healthy cells lining the intestinal wall*

Contains NO: GMOs, yeast, wheat, gluten, soy, dairy, tree nuts, salt, shellfish, sugar, animal products, binders, fillers or artificial ingredients.

Supplement Facts	
Serving Size: 1 Level Scoop (6.5 gm)	Amount per Serving
Servings per Container: About 30	
Calories	25
Protein	6 g 10%
L-Glutamine	6,000 mg †
N-Acetyl D-Glucosamine (vegan fermented)	250 mg †
Organic Aloe Vera (Aloe barbadensis) (inner leaf) (200:1) (equivalent to 10,000 mg of pure Aloe Vera gel)	50 mg
Intestinal Support Blend	
DGL (Deoxyryrithinized Licorice) extract (root), Organic Ginger root (Zingiber Officinale), Organic Marshmallow root (Althaea officinalis)	150 mg

6.88 oz.
30 servings
UPC 8 50029 17304 5
Item #19504

Advanced Lax - Natural Laxative Formula*



Features

- Brenda's original proprietary formula
- Free of senna and cascara sagrada
- With Magnesium Hydroxide
- Plus Cape Aloe, Rhubarb Root, Slippery Elm Bark
- Plus Other time-honored ingredients

Benefits

- Natural Laxative*
- Helps relieve occasional constipation*
- Gentle formula works overnight*

Contains NO: GMOs, yeast, wheat, gluten, soy, dairy, tree nuts, salt, shellfish, sugar, animal products, binders, fillers or artificial ingredients.

Supplement Facts	
Serving Size 2 Capsules	Amount Per Serving
Servings Per Container 30	
Magnesium (as magnesium hydroxide)	230 mg 55%
Brenda Watson's Original Lax Blend	
Cape Aloe Leaf, Rhubarb Root, Slippery Elm Bark (sustainably harvested), Marshmallow Root, Triphala (blend of Chebulic Myrobalan (Terminalia chebula) fruit, Vidanga (Embellica officinalis) fruit, (Terminalia bellerica) fruit	1,200 mg

60 vegetable capsules
UPC 8 50029 17306 9
Item #19506

Advanced Fiber - Flax + Pea + Hemp



Features

- 100% Organic ingredients
- 85% insoluble fiber
- 13 grams of fiber per serving

Benefits

- Supports elimination of toxins*
- Promotes bowel regularity*
- Non-gas & bloating formula*
- Does not contribute to bacterial overgrowth*

Contains NO: GMOs, yeast, wheat, gluten, psyllium, soy, dairy, tree nuts, salt, shellfish, sugar, animal products, binders, fillers or artificial ingredients.

Supplement Facts	
Serving Size 2 Scoops (22 g)	Amount Per Serving
Servings Per Container Approximately 10	
Calories	100
Total Fat	4 g 5%**
Total Carbohydrate	14 g 5%**
Dietary Fiber	13 g 46%**
Soluble Fiber	2 g †
Insoluble Fiber	11 g †
Protein	3 g 6%
Calcium	70 mg 5%
Iron	1.9 mg 11%
Potassium	130 mg 3%
Omega-3 Fatty Acids (alpha linolenic acid)	1.9 g
Advanced Fiber Blend	
Organic flaxseed, Organic pea fiber, Organic Fennel Seed, Organic Triphala fruit extract (blend of Phyllanthus emblica, Terminalia chebula & Terminalia bellerica), Organic Marshmallow Root, Organic Slippery Elm bark, Organic Hemp Protein	22 g

7.76 oz.
10 servings
UPC 8 50029 17305 2
Item #19505

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VITAL PRO NATURALS



An Innovative Digestive Care Company



HEALTHY LIFE. HEALTHY CORE.

At VITAL PRO Naturals, we believe that digestive health regulates the health of our entire system. When various events disrupt a person's natural balance, we know that specific natural approaches can support and help rebalance the gut so people can enjoy more vibrant health.

TRUSTED BRAND

When we formulate our products, we consider the specific nutritional needs of the digestive and related systems, and ensure each product contains the potency, diversity, and combination of natural ingredients to support the body with no fillers or anything artificial.*



QUALITY, PURITY, POTENCY & DIVERSITY

At VITAL PRO Naturals, health and vitality is our top priority. Our company has extremely high standards and is built on our unwavering commitment to quality, purity, potency, and diversity.



INNOVATION

As a leader in natural digestive care, we are entrenched in the latest science and research related to gut health and the microbiome. Armed with this knowledge and pure quality ingredients, we create novel solutions to support a broad range of occasional digestive concerns.*



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VITAL PRO NATURALS



About Our Founder



Hi, I'm Brenda Watson, a natural health practitioner, founder of VITAL PRO Naturals, and the inspiration behind all our quality product formulations. My experienced team of digestive care experts and I are dedicated to helping your clients and patients achieve vibrant, lasting health through improved digestive function.

After years of battling my own health issues since a young age and not finding resolutions with traditional medicine, I finally took the situation into my own hands. By increasing my knowledge and trying different products and ingredients, I gradually got better. These changes were so profound, it set me on a lifelong journey to help others do the same.

After intense schooling and certifications, I went on to establish five natural healthcare clinics in Florida specializing in digestive care, cleansing and detoxification. Frustrated with the products available for my own patients, I began formulating innovative natural solutions based on science, pure ingredients, and experimentation. My formulas today are based on years of real-life success stories.

From 1995 to 2005, I also served as the President of International Association of Hydrotherapists (I-ACT), helping to progress education in the field of colon hydrotherapy.

My motivation to help people achieve healthier, more natural lives is stronger than ever. This is the inspiration behind VITAL PRO Naturals.

Best in Health,

Brenda Watson, CNC

Founder of VITAL PRO Naturals
Digestive Care Expert